

Real Issues Stress & Anxiety Luke 12:22-34

Acts 20:24



In the midst of anxiety, Jesus says Do Not Fear in the Midst of Uncertainty. (vs. 22-30)

- 1. Life is more than the essentials. Luke 4:4, John 6:63
- 2. God is faithful to care for you
- 3. Worry is futile and foolish.

Luke 12:31-34

In the midst of anxiety, Jesus says Be a Kingdom Seeker not a Thing Seeker (vs. 31-34)

The basis for fearless living is that God is there for us.

Deuteronomy 31:6, Joshua 1:5, Matthew 28:20, Hebrews 13:5, Luke 10:3

Slides

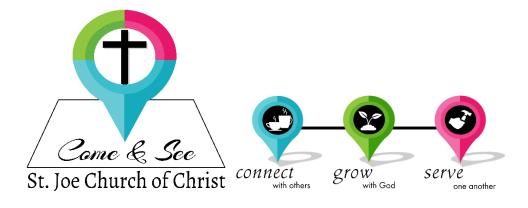
Real Issues Stress & Anxiety Luke 12:22-34 June 23, 2019

Acts 20:24 NLT But my life is worth nothing to me unless I use it for finishing the work assigned me by the Lord Jesus—the work of telling others the Good News about the wonderful grace of God.

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Luke 12:22-34 NLT Then, turning to His disciples, Jesus said, "That is why I tell you not to worry about everyday life—whether you have enough food to eat or enough clothes to wear. <sup>23</sup> For life is more than food, and your body more than clothing. <sup>24</sup> Look at the ravens. They don't plant or harvest or store food in barns, for God feeds them. And you are far more valuable to him than any birds! <sup>25</sup> Can all your worries add a single moment to your life? <sup>26</sup> And if worry can't accomplish a little thing like that, what's the use of worrying over bigger things? <sup>27</sup> "Look at the lilies and how they grow. They don't work or make their clothing, yet Solomon in all his glory was not dressed as beautifully as they are. <sup>28</sup> And if God cares so wonderfully for flowers that are here today and thrown into the fire tomorrow, He will certainly care for you. Why do you have so little faith? 29 "And don't be concerned about what to eat and what to drink. Don't worry about such things. 30 These things dominate the thoughts of unbelievers all over the world, but your Father already knows your needs. 31 Seek the Kingdom of God above all else, and He will give you everything you need. 32 "So don't be afraid, little flock. For it gives your Father great happiness to give you the Kingdom. 33 "Sell your possessions and give to those in need. This will store up treasure for you in heaven! And the purses of heaven never get old or develop holes. Your treasure will be safe; no thief can steal it and no moth can destroy it. 34 Wherever your treasure is, there the desires of your heart will also be.

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In the midst of anxiety, Jesus says Do Not Fear in the Midst of Uncertainty. (vs. 22-30)

1. Life is more than the <u>essentials</u>.

Luke 4:4 NASB And Jesus answered him, "It is written, 'Man shall not live on bread alone." John 6:63 ESV It is the Spirit who gives life; the flesh is no help at all. The words that I have spoken to you are spirit and life.

In the midst of anxiety, Jesus says Do Not Fear in the Midst of Uncertainty. (vs. 22-30)

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In the midst of anxiety, Jesus says 2. be a Kingdom Seeker not a Thing Seeker

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The basis for fearless living is that God is there for us.

Deuteronomy 31:6 NLT So be strong and courageous! Do not be afraid and do not panic before them. For the Lord your God will personally go ahead of you. He will neither fail you nor abandon you."

Joshua 1:5 NLT No one will be able to stand against you as long as you live. For I will be with you as I was with Moses. I will not fail you or abandon you.

Matthew 28:20b NLT And be sure of this: I am with you always, even to the end of the age." Hebrews 13:5 NLT Don't love money; be satisfied with what you have. For God has said, "I will never fail you. I will never abandon you."

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Luke 10:3 NLT Now go, and remember that I am sending you out as lambs among wolves.

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But what does it mean to seek the kingdom?

'don't be like the nations who seek things sell your possessions and give things away to the needy.

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