



Real Life – Worry

Matthew 6:25-36

What worry are you holding? _____

When it comes to worry, Jesus is telling us to:

Stop it.

LOOK.

Listen. *Matthew 6:33*

Seek God.

Jesus won't command us to do something if we are not able to accomplish it. *Matthew 6:26*

Worry is irrelevant AND irreverent.

Worry is a sign of little to no faith. *Psalm 103:1-2, Psalm 27:13*

TRUTH IS... *Philippians 4:8*

Slides

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Matthew 6:25-36

1/26/2020

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What if I don't have enough money for retirement? What if my child walks away from the faith? What if I turn out to be just like my parents? What if I lose my job? What if my spouse leaves me? What if I can't pay my rent? What if I get divorced? What if my friends find out? What if they don't think I'm good enough? What if I can't meet their expectations? What if my dreams don't come true? What if I fail? What if... what if... what if... What if????

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Worry steals joy from our lives. Anxiety is conspiracy theories we make up ourselves.

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Matthew 6:25-34 NIV “Therefore I tell you, do not worry about your life, what you will eat or drink; or about your body, what you will wear. Is not life more than food, and the body more than clothes? ²⁶ Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they? ²⁷ Can any one of you by worrying add a single hour to your life? ²⁸ “And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. ²⁹ Yet I tell you that not even Solomon in all his splendor was dressed like one of these. ³⁰ If that is how God clothes the grass of the field, which is here today and tomorrow is thrown into the fire, will he not much more clothe you—you of little faith? ³¹ So do not worry, saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ ³² For the pagans run after all these things, and your heavenly Father knows that you need them. ³³ But seek first his kingdom and his righteousness, and all these things will be given to you as well. ³⁴ Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.

What worry are you holding? _____

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When it comes to worry, Jesus is telling us to:

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Jesus won't command us to do something if we are not able to accomplish it.

Matthew 6:26 NLT Look at the birds. They don't plant or harvest or store food in barns, for your heavenly Father feeds them. And aren't you far more valuable to him than they are? ²⁷ Can all your worries add a single moment to your life? ²⁸ "And why worry about your clothing? Look at the lilies of the field and how they grow. They don't work or make their clothing, ²⁹ yet Solomon in all his glory was not dressed as beautifully as they are. ³⁰ And if God cares so wonderfully for wildflowers that are here today and thrown into the fire tomorrow, he will certainly care for you. Why do you have so little faith?

When it comes to worry, Jesus is telling us to:

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Worry is irrelevant AND irreverent.

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Worry is a sign of little to no faith.

Psalm 103:1-2 ESV Bless the LORD, O my soul, and all that is within me, bless his holy name! ² Bless the LORD, O my soul, and forget not all his benefits,

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Psalm 27:13 NIV I remain confident of this: I will see the goodness of the LORD in the land of the living.

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Matthew 6:24 NIV No one can serve two masters. Either you will hate the one and love the other, or you will be devoted to the one and despise the other. You cannot serve both God and money.

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Matthew 6:32 NIV For the pagans run after all these things,

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When it comes to worry, Jesus is telling us to:

Stop it.

Look

Listen

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Matthew 6:33 NIV But seek first His kingdom and His righteousness, and all these things will be given to you as well.

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When it comes to worry, Jesus is telling us to:

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Seek God.

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Truth is..

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Philippians 4:8 NIV Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things.

What if I don't have enough money for retirement? What if I lose my job?

Truth is, God is my provider. Philippians 4:19

What if my child walks away from the faith?

Truth is God will never stop trying to bring them to salvation. Luke 15

What if my spouse leaves me? What if I get divorced?

Truth is God is my comforter. 2 Corinthians 1:3

What if they don't think I'm good enough?

Truth is God proclaims me as wonderful and precious in His sight. Psalm 139:14

What if my dreams don't come true?

Truth is God has a better plan for me. Jeremiah 29:11

What if I fail?

Truth is God can work good in all situations. Romans 8:28

Truth is...

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