



Confessions of a Minister:
Sometimes I have doubts
Luke 7:18-35

Three lies about Doubt:

1. Doubt is the opposite of faith
2. doubt is unforgivable *Luke 7:18-19, 22, 28*
3. Doubt is unhealthy

Doubt often gains a foothold in our mind.

Doubt can develop in our emotions.

Doubt can develop because of our will.

1 John 4:4

Steps to combat doubt:

1. Find the root of your doubt.
2. Ask God and others for help. *Mark 9:24, James 4:2b*
3. Identify a course of treatment.
4. Take care of your spiritual health.
5. Hold your remaining questions in faith.

1 Corinthians 13:11-12

Slides

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“If you’re a thinking person at all, if you seriously contemplate your faith and what it means to follow Jesus Christ, the chances are that every once in a while you’re going to come down with some questions, some issues, some uncertainties, some doubts. This is not just a Christian experience; doubt is a human experience that’s common across the board. Even atheists doubt their position from time to time.” – Lee Strobel

"Will you catch the virus of doubt?"

"How can you prevent that virus from turning into a terminal disease that ultimately kills your faith?"

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Three lies about Doubt.

1. Doubt is the opposite of faith

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Three lies about Doubt:

- 1. Doubt is the opposite of faith**
- 2. Doubt is unforgivable**

Luke 7:18-19 NLT The disciples of John the Baptist told John about everything Jesus was doing. So John called for two of his disciples,¹⁹ and he sent them to the Lord to ask Him, “Are you the Messiah we’ve been expecting, or should we keep looking for someone else?”

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Luke 7:22 NLT Then He told John’s disciples, “Go back to John and tell him what you have seen and heard—the blind see, the lame walk, those with leprosy are cured, the deaf hear, the dead are raised to life, and the Good News is being preached to the poor.”

Luke 7:28a NLT I tell you, of all who have ever lived, none is greater than John. ...

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1 John 4:4 NLT But you belong to God, my dear children. You have already won a victory over those people, because the Spirit who lives in you is greater than the spirit who lives in the world.

Steps to combat doubt:

- 1. Find the root of your doubt.**

Steps to combat doubt:

2. Ask God and others for help.

Mark 9:24 NLT The father instantly cried out, "I do believe, but help me overcome my unbelief!"

James 4:2b NLT ...Yet you don't have what you want because you don't ask God for it.

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Steps to combat doubt:

3. Identify a course of treatment.

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Steps to combat doubt:

4. Take care of your spiritual health.

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Steps to combat doubt:

5. Hold your remaining questions in faith.

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1 Corinthians 13:11-12 TLB It's like this: when I was a child I spoke and thought and reasoned as a child does. But when I became a man my thoughts grew far beyond those of my childhood, and now I have put away the childish things. ¹² In the same way, we can see and understand only a little about God now, as if we were peering at His reflection in a poor mirror; but someday we are going to see Him in His completeness, face-to-face. Now all that I know is hazy and blurred, but then I will see everything clearly, just as clearly as God sees into my heart right now.

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